

Emergency: Meals, Shelters, Drop-in Centers, & Showers

⇒ EMERGENCY MEALS— BREAKFAST

CityTeam Ministries

722 Washington (at 7th St.), Oakland 510-452-3758

Monday-Tuesday, Thursday-Saturday: 6am meal.

Dorothy Day House Catholic Worker

2362 Bancroft (& Dana), Berkeley 510-466-5553

Monday-Saturday: 8am meal.

Night on the Streets Catholic Worker/People's Park

Haste above Telegraph, Berkeley 510-684-1892

Sunday: 7:30am meal.

Open Door Mission

92 – 7th St. (at Oak), Oakland 510-451-7924

Sunday-Friday: 7am meal after service.

Women's Daytime Drop-in Center

2218 Acton (& Bancroft), Berkeley 510-549-4390

Monday-Friday: 9am meal (free w/chore) for women & children.

⇒ EMERGENCY MEALS—MID-DAY

Berkeley Food & Housing Project

Women's Resource Center

2140 Dwight (& Shattuck), Berkeley 510-649-4965
Ext. 304

Sunday-Thursday: Noon meal for women & children.

Church by the Side of the Road

2108 Russell (at Lorina), Berkeley 510-644-1263

Second Sunday of the month: 1pm meal.

Food Not Bombs/People's Park

Haste above Telegraph, Berkeley 510-644-4187

Monday-Friday: 3pm; vegetarian meal.

McGee Avenue Baptist Church

1640 Stuart (at McGee), Berkeley 510-843-1774

Monday, Wednesday, Friday: Noon meal.

St. Paul AME Church

2024 Ashby (at Adeline), Berkeley 510-848-2050

Tuesday: 11:30am meal.

St. Vincent de Paul Dining Facility

675 – 23rd St. (& San Pablo), Oakland 510-451-7676

Monday-Sunday (except first Wednesday of the month): 10:45am-12:45pm meal.

South Berkeley Community Church

1802 Fairview (at Ellis), Berkeley 510-652-1040

Thursday: Noon meal.

Women's Daytime Drop-in Center

2218 Acton (at Bancroft), Berkeley 510-549-4930

Monday-Friday: Noon meal (free w/chore) for women & children.

EMERGENCY MEALS—LATE AFTERNOON OR EVENING

All Souls Episcopal Parish

2220 Cedar (at Spruce), Berkeley 510-848-1755

Second Sunday of the month: 4pm meal.

Berkeley Food & Housing Project—"Quarter Meal"

Trinity United Methodist Church

2362 Bancroft Way (at Dana), Berkeley 510-649-4976

Monday-Wednesday: 4:15pm sit-down meal.

Thursday-Friday: 3:30pm "to go" hot meal

CityTeam Ministries

722 Washington (at 7th St.), Oakland 510-452-3758

Monday-Tuesday, Thursday-Sunday: 8:15pm meal after nonmandatory 7pm chapel service.

College Avenue Presbyterian Church

5951 College Ave. (& Claremont), Oakland 510-658-3665

Friday: 6pm meal.

Congregation Beth El

1301 Oxford (& Rose), Berkeley 510-848-3988

Third Sunday of the month: 5pm meal. Tickets distributed 3pm-5:15pm.

DreamCatcher Youth Support Drop-in Center

422 Jefferson St. (at 5th St.) Oakland 510-839-1559

Monday-Thursday: 5:30pm meal for youth 13-19.

First Presbyterian Church

2407 Dana (at Haste), Berkeley 510-848-6242

Second & last Saturday of the month: 5pm meal.

Krishna Temple

2334 Stuart (& Telegraph), Berkeley 510-649-8619

Monday-Sunday: 8pm vegetarian meal.

Newman Hall

2700 Dwight Way (at College), Berkeley 510-848-7812

First Saturday of the month: 4pm meal. Meals "to go" at 4:45pm. Lottery at 10am for limited meal seating.

Night on the Streets Catholic Worker/People's Park

Haste above Telegraph, Berkeley 510-684-1892

Fifth Sunday of the month: 4pm meal.

Open Door Mission

92 – 7th St. (at Oak), Oakland 510-451-7924

Monday-Friday: Meal after 6:25pm service

Sunday: 3pm meal.

St. Mark's Episcopal Church

2300 Bancroft Way (at Ellsworth), Berkeley 510-848-5107

Third Saturday of the month: 5pm meal.

Tickets distributed at 4pm.

St. Mary Magdalen Church

2005 Berryman (at Henry), Berkeley 510-526-4811

First & fourth Sunday of the month: 3pm meal.

Shattuck Avenue United Methodist Church
6300 Shattuck (at 63rd St.), Oakland 510-653-4028
Monday: 4pm meal; holidays included.

University Lutheran Chapel
2425 College (at Haste), Berkeley 510-843-6230
Fourth Saturday of the month (months with 5 Saturdays only): 4:30pm meal.

EMERGENCY SHELTERS: Free & available 7 nights a week, unless otherwise noted. Call first!

⇒ Men's/Women's Shelters & Drop-in Centers

Berkeley Food & Housing Project

•**Multi-Service Center** Trinity United Methodist Church
2362 Bancroft Way (& Dana), Berkeley 510-649-4976
Drop-in Mon-Fri 10am-2pm.

•**Men's Shelter** 1931 Center (at MLK Jr. Way), Berkeley

•**Women's Shelter** 2140 Dwight Way (near Shattuck)
510-649-4976 Call first (or go to Multiservice Center) for reservations (Mon-Fri 10am-10:30am).
Overnight shelter (up to 30 days).

BOSS Emergency Shelter

711 Harrison (at 4th St.), Berkeley 510-843-3700
Signup for lottery (if beds available): Mon-Fri 9am at BOSS MASC, 1931 Center, Berkeley
Shelter for **men & women**. Cost: 30% of income.

BOSS Multi-Agency Service Center (MASC)

Basement 1931 Center St. (at MLK Jr. Way), Berkeley
510-843-3700 Mon-Wed 8am-4pm, Thurs 8am-noon,
Fri 8am-2pm, Sat-Sun 8:30am-3pm.
Drop-in center for **men & women**; limited services until intake complete. Showers. Washer/dryer (signups on Thursdays, 8am)

CityTeam Ministries

722 Washington (at 7th St.), Oakland 510-452-3758
Overnight shelter (up to 30 days) for **men**.
Cost: \$2 per night. Sign up for waiting list.
Showers (Mon, Tues, Thurs, Fri 5pm-6:45pm).

Coalition for Alternatives in Mental Health.

3234 Adeline St. (& Alcatraz), Berkeley 510-653-3808
Mon-Thurs 9am-4pm, Fri 9am-2pm.
Drop-in center for past, current, or at risk of becoming mental health clients (**men & women**) and their families.

Emergency Storm Shelter (late November through April)
2300 Bancroft Way (at Ellsworth), Berkeley 510-684-1892
Shelter for **men, women, & families** only on nights
1) when raining or especially cold, 2) when facility available,
and 3) when "Open" sign is posted. Can call to verify.

A Friendly Manor/Place

2298 San Pablo (at 23rd St.), Oakland 510-451-8923
Mon-Fri, 8:30am-2:30pm.
Drop-in center for **women** only. Showers. Washer/dryer.

Henry Robinson Multi-Service Drop-in Center

559 16th St. (at Clay), Oakland 510-419-1010
Mon-Fri 9am-1pm (must complete intake first).
Drop-in center for **men & women**. Showers. Washer/dryer.

A Safe Place

510-536-7233 (510-533-SAFE) 24-hour crisis line
Emergency shelter for battered **women** in crisis and their children.

St. Vincent de Paul CHAMPION Guidance Center
2280 San Pablo (& 23rd St.), Oakland 510-444-0263
Tues, Wed, Thurs, Sat 9:30am-2pm
Drop-in center for **men**. Showers; washer/dryer; referrals.

St. Vincent de Paul Visitation Center
2260 San Pablo (& 23rd St.), Oakland 510-444-3790
Tues-Sat 9:30am-3pm
Drop-in center for **women** alone or with children.
Showers. Washer/dryer (call for details).

Women's Daytime Drop-in Center

2218 Acton (& Bancroft), Berkeley 510-549-4390
Mon-Fri 9am-4pm [closed 1st Friday of each month].
Drop-in center for **women** alone or with children. Breakfast & lunch in exchange for chore.

Women's Resource Center

2140 Dwight (& Shattuck) Berkeley 510-649-4965 Ext. 313
Sun-Tues, Thurs 10am-4pm, Wed noon-4pm.
Drop-in resource center for homeless **women** alone or with children. Hot lunch at noon.

⇒ Family Shelters

BOSS Emergency Shelter. Family Wing

711 Harrison (at 4th St.), Berkeley 510-525-8841
For preliminary telephone interview, call Mon-Fri 10am-2pm.
Emergency shelter for **families**. Cost: 30% of income.

Henry Robinson Multi-Service Shelter

559 16th St. (& Clay), Oakland 510-419-1010
Emergency & transitional housing for **families** or singles with children.

Salvation Army Shelter Program

2794 Garden St. (& East 27th St.), Oakland
510-437-9437 Call for intake appointment Tues-Fri 11am-2pm.
First call, first served.
Shelter program for **families** or singles with children.

⇒ Youth Shelters & Drop-in Centers

Covenant Drop-in Service Center

2781 Telegraph (& 28th St.), Oakland 510-625-7800
Lunches: Mon-Fri noon-1pm (for ages 13-22)
Drop-in hours for ages 13-17: Mon, Wed 2:30pm-5pm
Drop-in hours for ages 18-22: Mon, Wed, Fri 9:30am-1:30pm
Tues, Thurs 9:30am-1:30pm, 2:30pm-5pm
Drop-in center, showers, washer/dryers, crisis shelter.

DreamCatcher Youth Support Drop-in Center

422 Jefferson (& 5th St.), Oakland 510-839-1559
Drop-in center for ages 13-19; Mon-Thurs 2pm-7pm, Fri 2pm-5pm. Free dinner. Showers. Washer/dryer.
Call 800-379-1114 for emergency shelter info.

Suitcase Clinic Youth Clinic

St. Mark's 2nd Floor 2300 Bancroft (& Ellsworth), Berkeley
510-643-6786
Drop-in center for ages 18-25; Mon 6pm-9pm. Free dinner.

Youth Emergency Assistance Hostel (YEAH!)

Lutheran Church of the Cross
1744 University Ave. (& Grant) Berkeley 510-704-9867
Mid-November to mid-April: Emergency shelter for ages 18-25; 7 days 8pm-8am. Pets allowed; showers; hot meals.
Mid April to mid-November: YouthSpace, Sat 10am-3pm.

**For county-wide shelter bed availability:
Call Eden Information & Referral 510-537-2552**