# **Emergency:** Meals, Shelters, Drop-in Centers, & Showers

# MORNING MEALS

Building Opportunities for Self-Sufficiency (BOSS), Multi-Agency Service Center (MASC) 1931 Center (at MLK Jr. Way), Berkeley 510-843-3700 Daily: 8am meal. **Dorothy Day House Catholic Worker** 2138 Cedar, Berkeley 510-466-5553 Mon-Sat: 7:30am breakfast. Coffee at 7am. Night on the Streets Catholic Worker/People's Park Haste above Telegraph, Berkeley 510-684-1892 Sun: 7:30am breakfast. At 8:10, the meal moves to Center St. between Milvia and Martin Luther King. **Open Door Mission** 92 7<sup>th</sup> St. (& Oak), Oakland 510-451-7924 Sun-Fri: 7am breakfast after service. Telegraph Ministry Center – Manna From Heaven 5316 Telegraph (& 51st St.) Oakland 510-658-4457 Wed-Sun: 6:30am-8am breakfast. Women's Daytime Drop-in Center 2218 Acton (& Bancroft), Berkeley 510-548-2884 Open Mon-Fri 8am-4pm (closed 1st Friday of each month). Daily: 8am-10am breakfast. **MID-DAY MEALS** Church by the Side of the Road 2108 Russell (& Lorina), Berkeley 510-644-1263 2nd Sun of the month: 1:30pm-3pm meal. Food Not Bombs/People's Park Haste above Telegraph, Berkeley 510-644-4187 Mon-Fri: 3pm vegetarian meal. **McGee Avenue Baptist Church** 1640 Stuart (& McGee), Berkeley 510-843-1774 Mon, Wed, Fri: 12 noon meal. St. Vincent de Paul Dining Facility 675 23rd St. (& San Pablo), Oakland 510-451-7676 Tue-Sat (except 1st Wed of the month): 10:45am-12:45pm meal. South Berkeley Community Church 1802 Fairview (& Ellis), Berkeley 510-652-1040 Thu: 12 noon meal. Women's Daytime Drop-in Center 2218 Acton (& Bancroft), Berkeley 510-548-2884 Open Mon-Fri 8am-4pm (closed 1st Fri of each month). Daily 12 noon-12:30 meal. LATE AFTERNOON OR EVENING MEALS **All Souls Episcopal Parish** 2220 Cedar (enter on Spruce), Berkeley 510-848-1755 2nd Sun of the month: 4pm meal. Berkeley Food & Housing Project—"Quarter Meal" Trinity United Methodist Church 2362 Bancroft Way (& Dana), Berkeley 510-649-4976 Mon-Wed: 3:45pm-4:30pm sit-down meal Thu-Fri: 3:30pm-4pm 'take-out' brown bag hot meal. Vegetarian option available.

**CityTeam International** 722 Washington (at 7th St.), Oakland 510-452-3758 Sign up through food bank (800-870-3663) **College Avenue Presbyterian Church** 5951 College (& Claremont), Oakland 510-658-3665 Fri: "Friday Night On College" 6pm meal. **Congregation Beth El** 1301 Oxford (& Rose), Berkeley 510-848-3988 3rd Sun of the month: 5pm meal. Ticket distribution starts at 3pm. DreamCatcher Youth Support Drop-in Center 422 Jefferson (& 5th ) Oakland 510-839-1559 Mon-Thu: 5:30pm meal for youth 13-18. **First Presbyterian Church** 2407 Dana (& Haste), Berkeley 510-262-9030 2nd & last Sat of the month: 5pm meal. Newman Hall – Loaves and Fishes 2700 Dwight Way (& College), Berkeley 510-848-7812 1st Sat of the month: Lottery at 2pm for limited meal seating. 4pm meal. Meals "to go" at 4:45pm. Night on the Streets Catholic Worker/People's Park Haste above Telegraph, Berkeley 510-684-1892 5th Sun of the month: 4pm meal. **Open Door Mission** 92 7th St. (& Oak), Oakland 510-451-7924 Mon-Fri: Meal after 6:25pm service. Sun: 3pm meal. St. Mark's Episcopal Church 2300 Bancroft (& Ellsworth), Berkeley 510-848-5107 3rd Sat of the month: 4:30pm meal. Tickets distributed at 4pm. St. Mary Magdalen Church 2005 Berryman (& Henry), Berkeley 510-526-4811 1st & 4th Sun of the month: 3pm meal. **Taylor Memorial United Methodist Church** 1188 12th Street (& Magnolia), Oakland 510-644-6164 1st & 3rd (sometimes 4th) Mon of the month: 4pm meal. Call for monthly schedule. Groceries distributed every Mon: 1:30pm-3:30pm. **University Lutheran Chapel** 2425 College (& Haste), Berkeley 510-843-6230 4th Sat of each month of the year containing 5 Saturdays: 4:30pm meal. ADULT SHELTERS Berkeley Emergency Storm Shelter (BESS) Services provided Nov-Apr. Call for exact dates and to verify availability. First Congregational Church, 2345 Channing Way (& Dana) 510-684-1892. Open to all only on nights when "Open" sign is posted, outdoor conditions are rainy or especially cold and when facility is available. Berkeley Food and Housing Project (BFHP): Men's Housing Program 1931 Center St. (at MLK Jr. Way), Berkeley 510-649-4980 Open daily 5:30pm-7:30am. Call BFHP shelter hotline (1-866-960-2132) for reservations (Mon-Fri 12pm-2pm and 7pm-



This resource list is provided by the Berkeley Public Library (Community Resources)

8pm, Sat-Sun 2pm-4pm).

http://www.berkeleypubliclibrary.org

# **Emergency:** Meals, Shelters, Drop-in Centers, & Showers

#### Berkeley Food and Housing Project (BFHP): Women's **Overnight Shelter**

2140 Dwight Way (near Shattuck). Berkeley 510-649-4965 Open daily at 4pm. Call BFHP hotline (1-866-960-2132) for reservations (Mon-Fri 12pm-2pm and 7pm-8pm, Sat-Sun 2pm-4pm).

#### **CityTeam International**

722 Washington (at 7th St.), Oakland 510-452-3758 Overnight shelter (up to 30 days) for men. Cost: \$5 per night. Open daily at 4pm, no reservations. Showers (Mon-Sun 5pm-6:45pm).

#### A Safe Place

24-hour crisis line: 510-536-7233 (510-536-SAFE) shelter@asafeplace.org Emergency shelter for women in crisis (and their children) who are in danger from domestic violence. Emergency transportation available.

# **DROP-IN CENTERS**

# Berkeley Drop-In (Coalition for Alternatives in Mental Health)

3234 Adeline St. (& Alcatraz), Berkeley 510-653-3808 Mon-Thurs 9am-4pm, Fri 9am-2pm. Drop-in center for past, current, or at-risk mental health clients (men & women) and their families.

# A Friendly Manor/Place

2298 San Pablo (at 23rd St.), Oakland 510-451-8923 Mon-Fri 8:30am-3pm. Drop-in center for women. Showers and laundry facilities, referrals.

# St. Vincent De Paul CHAMPION Guidance Center

675 23rd St. (& MLK Jr.), Oakland 510-877-9218 Tue-Sat 9:30am-3pm Drop-in center for men. Showers and laundry facilities, referrals. Closed the 1st Wed of every month.

#### North County Women's Center

2140 Dwight (& Shattuck), Berkeley 510-649-4965 Drop-in health clinic Mon 9am-1pm. Drop-in suitcase health clinic Mon 7:30pm-9pm. Mobile health clinic 2nd Tue every month 11am-3:30pm. Arts & Crafts drop-in Wed 1:30-3:30.

# FAMILY SHELTERS & DROP-IN CENTERS

#### Berkeley Food and Housing Project (BFHP): Multi-Service Center (MSC)

Trinity United Methodist Church 2362 Bancroft Way (& Dana), Berkeley 510-649-4976

Drop-in Mon-Fri 10am-11am, Client Services Mon-Thu 10am-2pm, Fri 10am-12pm. NOTE: MSC only provides shelter and transitional housing referrals and mail and phone service.

#### Building Opportunities for Self-Sufficiency (BOSS): Multi-Agency Service Center (MASC)

1931 Center Street (at MLK Jr. Way), Berkeley 510-843-3700 Drop-in center for **individuals** & **families** open every day Mon-Fri 8am-4pm, Sat-Sun 8:30am-3:30pm. Limited services until intake complete. Showers available Mon-Fri 8am-1pm, Sat-Sun 8:30am-1pm. Laundry self-service by sign-up in advance. Transitional housing referrals available.

#### Salvation Army Shelter Program

2794 Garden St. (& E. 27th St.), Oakland 510-437-9437 Call for intake appointment. First call first served. Emergency and transitional shelter program for families or individuals with children.



This resource list is provided by the Berkeley Public Library (Community Resources)

http://www.berkeleypubliclibrary.org

#### St. Vincent De Paul Visitation Center

2260 San Pablo (& W. Grand), Oakland 510-444-3790 Tue-Sat 9:30am-3pm (closed the 1st Wed of every month). Drop-in center for women and children. Showers and laundry facilities, infant care, referrals.

#### Women's Daytime Drop-in Center

2218 Acton (& Bancroft), Berkeley 510-548-2884 Mon-Fri 8am-4pm (closed 1st Fri of each month). Drop-in center for homeless women and children. Transitional housing referrals available.

#### YOUTH SHELTERS & DROP-IN CENTERS

# **DreamCatcher Youth Support Center & Shelter**

422 Jefferson (& 5th St.), Oakland 510-839-1559 For ages 13-18: Support Center: Drop-in Mon-Thurs 2pm-7pm, Fri 2pm-5pm. Shelter: Open Mon-Fri 7pm-8am, Sat-Sun 7pm-10pm. Call 1-800-379-1114 for shelter intake. Meal and laundry facilities provided.

#### Suitcase Clinic Youth Clinic

St. Mark's Episcopal Church 2300 Bancroft (& Ellsworth) 2nd Floor, Berkeley 510-423-3303 Drop-in health clinic for ages 13-23; Mon 6pm-9pm. Dinner provided.

#### Youth Engagement, Advocacy and Housing (YEAH!)

Lutheran Church of the Cross 1744 University Ave. (& Grant) Berkeley 510-704-9867 Seasonal shelter for ages 18-25 open from Nov to May, 7 days a week 8am-8pm. Line-up begins at 7:30pm; pets allowed; showers; hot meals. Year-round dropin services available. Call for details.

#### ANIMAL RESOURCES

#### Paw Fund

510-390-3488 Free pet vaccine clinics 13 times a year at the corner of Bolivar & Addison, Sun 10am-1pm. Sign-ups until 11am. Low cost/free spay and neuter referrals. Call for info and clinic dates.

#### Berkeley Humane Society (BHS) Pet Food Pantry

2700 9th St. Berkeley 510-845-7735 (ex. 205) Pet food distributed last **Sat** of every month. Confidential application required (proof of residency, income and spay/neuter record for pet).