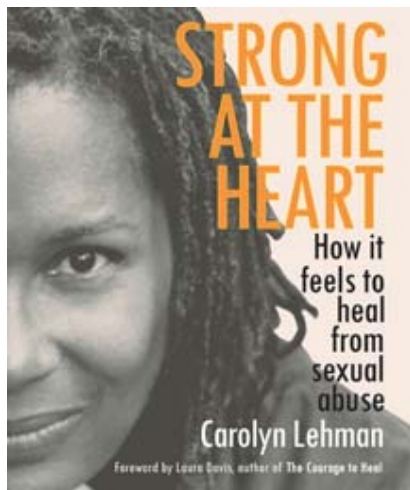




# AUTHOR CAROLYN LEHMAN TO SPEAK AT BERKELEY PUBLIC LIBRARY ON HEALING FROM SEXUAL ABUSE

*STRONG AT THE HEART: How It Feels to Heal from Sexual Abuse*



**Saturday, October 13th, 1-3 p.m.**  
**Central Berkeley Public Library**  
**2090 Kittredge Street**  
**(at Shattuck in downtown Berkeley)**  
**3<sup>rd</sup> floor Community Meeting Room**



**Carolyn Lehman** will present photographs and true stories from interviews with diverse teen and adult survivors. Their stories show the important roles of family, friends, and community and highlight the choices that survivors make that lead to healthy recovery. **Arturo Carrillo**, who is featured in the book, will talk about growing up Latino in the Bay Area, coping with molestation as a boy, and how he healed as a man.

Author and educator **Carolyn Lehman** has been active in the survivor movement for over twenty years. *Strong at the Heart* has been honored by the California Readers' Collection, National Council for Social Studies, and the New York Public Library among others. The Therapist Magazine calls it, "a wonderful and empowering collection of survival experiences."



Wheelchair accessible.

Please refrain from wearing scented products to public meetings. For more info or to request a sign language interpreter, real-time captioning, materials in large print or Braille, or other accommodations, call 510-981-6107 or 510-548-1240 (TDD) one week before the program.

[www.berkeleypubliclibrary.org](http://www.berkeleypubliclibrary.org)

To find out more about *STRONG AT THE HEART*, visit [www.strongattheheart.com](http://www.strongattheheart.com)