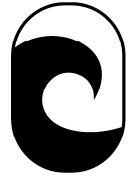




# Berkeley Public Library and North Atlantic Books



Invite you to an author panel and book signing

## An afternoon on Rolfing, Trauma, and Medical Acupuncture

Saturday, February 20, 2009  
2:00 - 4:00 p.m.

Berkeley Public Central Library  
2090 Kittredge Street  
Berkeley, CA 94704  
3<sup>rd</sup> Floor Community Meeting Room

**Moderator: Kathy Kain**

### The panelists:

**Art Riggs, Rolfer and Massage Therapist**  
*Author of *Deep Tissue Massage: A Visual Guide to Techniques**

**Kathy L. Kain, Ortho-Bionomy therapist**  
*Author of *Ortho-Bionomy: A Practical Manual**

**Joseph Helms, M.D. Director of the Helms Medical Institute**  
*Author of *Getting To Know You: A Physician Explains How Acupuncture Helps You Be the Best You**

Wheelchair accessible. To request a sign language interpreter, real-time captioning, materials in large print or Braille, or other accommodations for this event, please call (510) 981-6107 (voice) or (510) 548-1240 (TTY); at least five working days will ensure availability. Please refrain from wearing scented products to public programs.